



# Shepherd Spy

WEEK 3 TERM 3 3 AUGUST 2017

Dear Community,

Good Shepherd Catholic School Amaroo is a companion school to Holy Spirit School Nicholls, and Mother Teresa School Harrison and St John Paul II College Nicholls. Together we serve and are served by Holy Spirit Parish Gungahlin.

Parish Mass is held every Saturday 6.00pm Sunday 8am; 9.30am and 5.30pm All are welcome to join us.

School website  
[www.goodshepherd.catholic.edu.au](http://www.goodshepherd.catholic.edu.au)

Email  
[office.goodshepherd@catholic.edu.au](mailto:office.goodshepherd@catholic.edu.au)

Phone  
6255 7888

Parish Home  
Fr Mark Croker  
6242 9622

Next Tuesday we celebrate the feast of St Mary MacKillop. Mary dedicated her life to the education of all people regardless of race, social status or religious belief. More than one hundred years later, the Sisters of St Joseph, the order founded by Mary continue to work for hundreds of thousands of people around the world.

Mary MacKillop was born in 1842 and was the eldest of 8 children. She worked with her Parish Priest, Fr Julian Tenison-Woods to set up Catholic schools so children would keep learning about God and Jesus. In 1867 Mary and one of her helpers set up the first school and Mary decided to become a nun. She founded the Sisters of St Joseph.

On August 8, 1909 Mary MacKillop died at the age of 67. She is buried in the Memorial Chapel at Mother House of her Congregation in North Sydney where all of our Year 5 students go and pray at each year when they attend Year 5 camp.

On 17 October 2010, Mary MacKillop was the first Australian to be recognised as a saint by the Catholic Church.

## Building Update

There has been plenty of action over the past week. Even the rain on Monday didn't slow them down! Currently all the gas, sewer and power infrastructure is being installed. Following this, the slab will be poured and building will commence.

At our Community Council meeting on Tuesday we discussed plans for a new playground. A 'working party' is investigating this and construction will occur as soon as we possibly can. We are conscious we currently have no play equipment for students. More information to follow.

## Carparking plea!

I sent out a reminder during the week about not lining up before 3:20pm for pickup. Unfortunately, we have had some parents queuing up well before this time which blocks the carpark entry and causes inconvenience for many. Thanks for the past few days- much improved!

A reminder too, to display your name on the dashboard of your car as you enter. This assists the staff in ensuring a quick getaway for you! If you have not got a name printed, and would like one, please let Joan know in the Front Office.

## Kindergarten 100 days

Congratulations to our Kinder students! 100 days in big school! Tuesday was a great day- thanks to the many parents who celebrated this milestone with our youngest students!

May Jesus, the Good Shepherd, journey with us,

David Austin  
Principal



## To be together .....



Seasons for Growth participants are working their way through the seasons of autumn and winter over the next two weeks.

**“Autumn can deliver some vivid reminders** that our world is constantly changing.

It is a time of passage from the light and warmth of summer to the dark and cold of winter. We witness the change from the fullness of life to the bareness of winter.

Some grieve the loss of summer, whilst others **welcome the solitude of winter. Autumn isn't** the beginning of the end of anything – only **the beginning of a new beginning.”**

*Anne P Graham*

Grieving is process,  
Like the changing of seasons.  
There is a significant symbolic link.



## The Science Fair is coming!

We have more than 130 children getting themselves ready to participate in the Science Fair. We cannot wait to see what exciting investigations they have to share.

Our community are more than welcome to join us!



Good Shepherd Science Fair  
Wednesday 16 August  
School Hall  
9.30am - 10.30am

The children participating received a reminder note this week.

Spare copies are available at the Front Office. If there are any questions, please feel free to contact Sarah Corkhill, Brooke Thompson or Michelle Weier.

Looking forward to see you there!

# And the award goes to.....

Astrid (KE)	Evgeniy (1H)	Indi (2C)	Daniel (3D)	Isabella (4B)	Isabel (5D)	Samantha (6Aq)
Emily (KH)	Georgina (1M)	William (2K)	Kayla (3O)	Seth (4J)	Moyses (5HD)	Bianca (6M)
Ryan (KT)	Sophie (1PD)	Abigail (2P)	Ashley (3T)	Jacob (4Z)	Emily (5M)	
Brae (KW)	Hugo (1R)	William (2S)	Mikayla (3W)	Delaine 5C)	Hannah (6Ab)	

Father's Stall will be held on Friday, 1 September. Children will attend the stall with their class during the day. Each child will be able to purchase a gift for their dad or special person in their life for just \$5.00. Payment may be made on QKR!

### Departing Families

We are aware that some families will be moving out of the area at the end of this year. To help us with staffing and class structure for 2018, we would really appreciate knowing which children (apart from Year 6!) will not be returning to Good Shepherd next year. If your child/ren will not be returning, please fill out the slip and return it to school as soon as possible.



### Departing Families

My child/ren



will not be returning to Good Shepherd School in 2018.

The school my child/ren will be attending is

Date

Signed

...the heart of God.

# PARENTING RESILIENT KIDS



We are inviting parents and their primary-school aged children to take part in a new online parenting program designed to provide parents with strategies to parent with confidence and stay connected with their pre-teen child.

## WHAT IS THE RESEARCH ABOUT?

You are invited to participate in research being conducted by Monash University, led by Dr Marie Yap. The research aims to evaluate whether our new online parenting program can help empower parents and in turn build their child's resilience.

## WHAT IS INVOLVED?

You will be randomly allocated to one of two groups, to receive either:

- 1) An individually-tailored, interactive online parenting program that will give you practical strategies you can use to parent your child more confidently;

**OR**

- 2) An information package of 8 weekly factsheets about child development and well-being.
- We will give you a 5-minute call once a week until you have completed your allocated program.
  - We will ask both you and your child (if they agree to take part) to complete some online surveys at the beginning, and after 3 and 12 months.

In total, participation in this research will take a few hours of yours and your child's time over 12 months. To say thank you, you will be reimbursed with e-gift vouchers.

All components of the online program can be done using a computer, tablet, or smartphone.

## WHO CAN PARTICIPATE?

Parents or guardians of a child aged 8-11 who live in Australia, are fluent in English and have internet access.



MONASH University

## HOW DO I FIND OUT MORE?

To find out more, or to register to participate, please go to [www.parentingresilientkids.com](http://www.parentingresilientkids.com)

For further details, please contact the researchers at [med-resilientkids@monash.edu](mailto:med-resilientkids@monash.edu) or on (03) 9905 1232.



**PARENTING RESILIENT KIDS:**  
Preventing Depression & Anxiety

To be together .....



We will celebrate Fathers' Day on Friday, 1 September.  
We ask all Dads/Uncles/Grandpas/Special Friends  
to keep Friday afternoon 3:30-5:00pm free!

We have a fun afternoon planned with your kids:-  
tug of war, three-legged races, competitions, games  
followed by a sausage sizzle and drinks.

More information to follow but ask you to tell the boss now  
you are having the afternoon off!

*Some people make the world special  
just by being it!*

Anonymous

## ...the heart of God.

EXCLUSIVE OFFER TO  
ZERO & REWARDS CARD HOLDERS



**20%\* OFF  
SCHOOLWEAR**



**THURSDAY  
10TH AUGUST  
INSTORE ONLY**

**macdonalds  
SCHOOLWEAR  
A DIVISION OF LOWES**

\*Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No tax checks. Please check carefully, exchanges and refunds only with dealer. Includes existing 3% discount. Excludes gift cards. Offer ends midnight (AEST) 10/8/17. Must use Zero or Rewards card to receive discount.

EXCLUSIVE OFFER TO  
ZERO & REWARDS CARD HOLDERS



**20%\* OFF  
SCHOOLWEAR**



**THURSDAY  
10TH AUGUST  
INSTORE & ONLINE**

**Savy  
Schoolwear  
A DIVISION OF LOWES**

\*Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No tax checks. Please check carefully, exchanges and refunds only with dealer. Includes existing 3% discount. Excludes gift cards. Offer ends midnight (AEST) 10/8/17. Must use Zero or Rewards card to receive discount.



## Yes, August is Hats ON Again for ACT



We have had a number of students who have borrowed Good Shepherd Uniforms from the Front Office and have not returned them. If you have any of these items, please return them to the Front Office washed and ironed as soon as possible.



Parents please do not send your children to school when they are feeling unwell. This is unfair to their classmates. If your children are suffering from diarrhoea, vomiting or gastro symptoms they must stay at home until 48 hours after the last episode. These guidelines are recommended by the ACT Department of Health. Thank you for your assistance with this matter.

If you are free on a Monday morning and would like to meet some new people while helping out our teaching staff, please come to the Staff Room after morning assembly. While we chat we can start to do any craft prep, laminating, contacting, or other general duties that the teachers need for upcoming classes. It's an informal group so just come when you can. Younger children are also welcome to come along. Morning tea will be provided.

