



Shepherd Spy

WEEK 7 TERM 2

8 JUNE 2017

Good Shepherd Catholic School Amaroo is a companion school to Holy Spirit School Nicholls, Mother Teresa School Harrison and St John Paul II College Nicholls. Together we serve and are served by Holy Spirit Parish Gungahlin.

Parish Mass is held every
Saturday 6.00pm
Sunday 8am;
9.30am and 5.30pm
All are welcome to join us.

School website
www.goodshepherd.catholic.edu.au

Email
office.goodshepherd@catholic.edu.au

Phone
6255 7888

Parish Home
Fr Mark Croker
6242 9622

Dear Community,

Last Sunday we celebrated the Feast of Pentecost – the birthday of our Church - the day the Holy Spirit came amongst the Apostles and gave them the power to go and proclaim the Word of the Lord to others. Today we are challenged to do the same – to be like Christ and to recognise Christ in others. We pray that the Holy Spirit will stay with us and help us to be the best people we can be in our world, and to recognise the good in others.

The highlight after Mass on Sunday morning was the Parish Festival many parishioners, staff and students attended. It was like a mini fete - popcorn, dance performances and sausage sizzles. Thanks to the many staff, parents and students who assisted with this . We belong to a great community!

School Registration

Tuesday and Wednesday in Week 9 are two significant days at Good Shepherd Primary School. Every five years ACT Non-Government schools apply for re-registration, as per the ACT Education Act. The two days involve six members of the registration panel reviewing all school policy and procedures, curriculum documentation, teacher programmes, assessment records, class rolls, finance statements, student workbooks etc. A member of the Catholic Education Office will also complete a maintenance and grounds audit of our school. They are obviously two very big days and we have been working towards this upcoming week for a while now.

Parents are invited to a Community Gathering on Tuesday 20 June, commencing at 4:30-5:30pm in the staffroom. This is an opportunity for the panel to meet members of the parent community. Please inform the Front Office via e-mail if you can join us, even for a short time.

E-mail: office.goodshepherd@catholic.edu.au

To be together

Congratulations

Following a selection process and interviews, I am pleased to announce that Mrs Melinda Hall-O'Brien has been appointed Assistant Principal from 2018 onwards. As the Assistant Principal's position was vacated very late last year, Melinda filled a temporary position for this year only. Congratulations Melinda on being appointed in a permanent capacity!

2018 Enrolment

A final reminder to those who are yet to return their Kindergarten enrolment forms for Good Shepherd Primary School. Your enrolment forms are overdue. We need these to secure your place for the new year.

Those who think they may not be at Good Shepherd Primary School next year (Year 6 exempt) are also asked to let me know your intentions, in writing. My estimates regarding predicted student numbers for Good Shepherd in 2018 must be submitted to the Catholic Education Office soon. Thank you for your co-operation in this matter.

May Jesus, the Good Shepherd, journey with us so we are 'the heart of God' to others.

Enjoy the long weekend with your families,



David Austin

Principal

And the award goes to.....

Mikaeli (KE)	Dylan (1H)	Grace (2C)	Ayden F (3D)	Nathaniel (4B)	Jarred (5D)	Zara (6Aq)
Charlie (K H)	Lachlan (1M)	Erica (2K)	Omoyeme (3L)	Roko (4J)	Charlie (5HD)	Esther (6M)
Liliana (KT)	Elisabeth (1PD)	Sione (2P)	Grace (3O)	Ehijiemo (4Z)	Angelina (5M)	
Connor (KW)	Jasmine (1R)	Alicia (2S)	Ronin (3W)	Alyssa (5C)	Ashleigh (6Ab)	



Good Shepherd Handy Helpers

If you are free on a Monday morning and would like to meet some new people while helping out our teaching staff, then please come to the Staff Room after morning assembly. While we chat we can start to do any craft prep, laminating, contacting, or other general duties that the teachers need for upcoming classes. It's an informal group so just come when you can. Younger children are also welcome to come along. Morning tea will be provided.

I would like to extend this time to provide an opportunity for chats about things which can aid you as a parent - for example, how to help children develop strategies to work with anxiety and empower them. Tea and coffee will be available, we will gather, distribute tasks for those who wish to begin, but the first 20 minutes every second week (week 2,4,6,8, 10) will begin with chat on a pertinent issue. After this our general Handy Helper time will continue.

...the heart of God.

From our Chaplain ...

Happy Families Website— Resilience

“When life puts you in a tight spot, don’t ask, ‘Why me?’ Instead, stand tall and say, ‘Try me!’

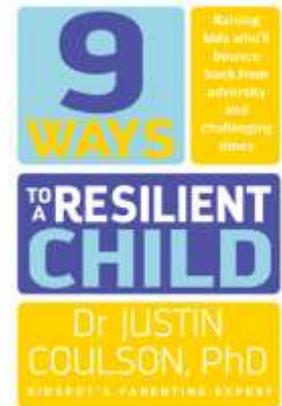
A useful resource which provides information about parenting skills is Dr Justin Coulson’s website, www.HappyFamilies.com. He writes from a Positive Psychology perspective and all his work is evidenced-based and is engaging and uplifting to read.

Two of Dr Coulson’s books which may be helpful to you are:

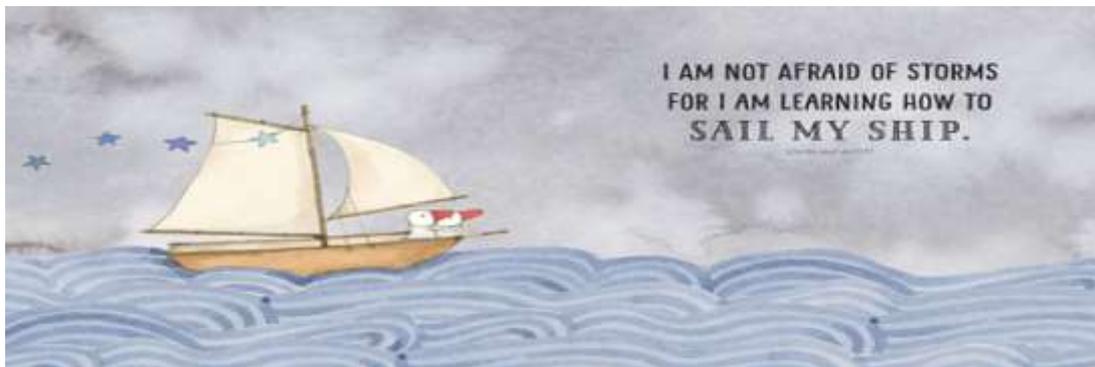
9 Ways to a Resilient Child and *21 Days to a Happy Family*.

Topics which he covers are:

- Resilience Myths and Strategies
- 9 Ways to Restore Resilience
- Teaching a Growth Mindset
- Strengths-based Parenting
- How Gratitude and Hope inoculate people against depression



I like the saying by Ralph Waldo Emerson (1803-1882) at the front of his book, “We are all inventors, each sailing out on a voyage of discovery, guided each by a private chart, each of which there is no duplicate. The world is all gates, all opportunities”.



Even if there are parts of his work you might not agree with, it offers choice and another way of thinking - and choice can only enhance mental health.

Thank you,

Veronica Harris



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