Dear Parents and Carers

Welcome back to another term. I am sure it is going to be a busy one! It is hard to believe that 18 months of my 2 year secondment as gone so fast. Still we can all look forward to many exciting activities over the coming months.

This term we commence our Peer Support Program from K-6. This year our focus will be an anti-bullying unit titled ‘Speak Up’. On Tuesday our staff meeting re-examined the topic, heard the latest research, and discussed the program that will be implemented over the next two terms. We are implementing ‘Speak Up’ because it is a whole school approach, is a commitment from school, parents and community, plus it supports our previous initiatives into anti-bullying. The definition of bullying that we will use is:

Bullying is unwanted, aggressive behaviour among school aged children that involves a real or perceived power imbalance. The behaviour is repeated, or has the potential to be repeated, over time.

The program will help students identify bullying as physical, verbal, social, psychological behaviour that can be direct or indirect in nature. We will also discuss that in order to be considered bullying, the behaviour must be aggressive and include:

- An Imbalance of Power
- Repetition (Not a once off incident)
- Bullying includes actions such as making threats, spreading rumours, attacking someone and excluding someone from a group on purpose.

Students will be led through a range of activities that will explore the topic and how to deal with bullying if it occurs.

During the meeting we watched a YouTube clip that was extremely thought provoking and highlighted the importance of dealing with bullying. I encourage you to take a look at http://youtu.be/ltun92DfnPY. Suitable for adults only.

ADMINISTRATION BUILDING

The end is near! We are planning to move back into the Front Office later next week and will hopefully be fully operational from the beginning of Week 3, Monday 5 August. Please note there may be some difficulty contacting the school on Friday, 2 August as this is when computers and the phone system will be relocated. Bare with us!

STAFF NEWS

- We welcome back Brooke Thompson who will work each Thursday with our Healthy Lifestyle & Sustainability program.
- Following Ali Graeber’s departure on maternity leave, we welcome Kristy Walker to year 5 and Jessica Dittmar to the Leadership Team.
- Our new Counsellor, Laura Pound will commence next week. Laura will work every Thursday and every second Tuesday (even weeks).
- The wonderful Sue Hall, will be taking leave from Good Shepherd for the rest of the year. Sue is looking forward to having a break and trying new things. We will all miss Sue’s smiling face!
To be together ......

**A FEW REMINDERS FOR THE START OF THE TERM**

- **Starting time** is **8.55am sharp**. Students arriving after this time will need to be signed in at the Front Office.
- **Supervision commences at 8.30am** and **NO STUDENT** should be at school before 8.35am. Students arriving before 8.30am are unsupervised.
- A student’s hair should be off their face and, if longer than shoulder length, it must be **tied back** in an appropriate school coloured band. Hair should also be of **natural colour**.
- **Correct School Uniform** is to be worn at all times. Notes will be sent home to families who are constantly wearing incorrect uniform. Formal black leather school shoes are the only black shoes that should be worn, not boots, jogger style or canvas shoes.
- **No jewellery** should be worn to school and only small **plain studs/ sleepers and watches** are acceptable. No bracelets, bangles, sparkly earrings, nail polish, make up, etc is allowed.
- Good Shepherd is a **NUT FREE** School. This includes Peanut Butter, Nutella, etc. Please do not send food products containing nuts to school. Products that state ‘**may contain traces of nuts**’ should not cause any threat and can be bought in to school. • Students who are collected by their parents during the day for appointments must be **signed out/in** at the Front Office before and after the appointment.
- Students are allowed to have **water bottles and cushions** in the classroom to make things more comfortable for them.
- Parents visiting the school to assist are also asked to sign in/out at the Front Office and receive a **Visitors Badge**.
- Please ensure that the School always has **up-to-date contact and emergency details** for your children.
- **Disabled parking** - please leave the disabled car spaces free for those who need them.
- **Bike/Scooters/Board Riders** - Students who ride, skate or scoot to school are required to wear a helmet. Students not wearing a helmet will be asked to walk home. No student should be walking their bikes across the road in the afternoon without supervision.
- **Carpark** - Please remember to be patient and considerate of others when driving in the car parks.

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**Brad Gaynor**  
Principal  
brad.gaynor@cg.catholic.edu.au  

**NEW FAMILIES**  
We warmly welcome 3 new children to our school community this term: Callam and Kaleigh Tuckwood and John Apolinar. We hope they make friends quickly and their families feel part of our community.

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OUR FOCUS

In 2013 our theme for the year is “On the Road to the Heart of God”.
In every aspect of our lives at Good Shepherd we aim, ‘to be together the Heart of God’.

In 2013 our theme for the year is “On the Road to the Heart of God”. In every aspect of our lives at Good Shepherd we aim ‘to be together the Heart of God in Amaroo’. Our Prayer Celebrations will focus on Scripture under the headings of Identity, Relationships and Connections. These being the core principles of Good Shepherd. Through Scripture we will reflect on our mission, as disciples of Jesus, to bring God’s love to others in the world.

PRAYER CELEBRATIONS

Week 2 - Six Bent and Two Hanrahan - Jesus Washes the Disciples’ Feet (August 2, 2013)
Week 3 - Faith and Justice Crew - Feast of Mary Mackillop (August 9, 2013)
Week 5 - Five Capon and One Price - The New Commandment (August 23, 2013)
Week 7 - Six Morrell and Two Jones - The Walk to Emmaus (September 6, 2013)

First Eucharist - Important Dates

Precious Memories Mass: Saturday 3 August - 6:00pm
Sunday 4 August - 9:30am and 5:30pm

Seeds Mass: Saturday 31 August - 6:00pm
Sunday 1 September - 9:30am and 5:30pm

First Reconciliation:
Tuesday 20 August - 1:00pm or 6:00pm
Wednesday 21 August - 1:00pm or 6:00pm

Prayer Night:
Wednesday 4 September - 6:30pm

Jesus Day Retreat:
Thursday 5 September - for children receiving First Eucharist on 7/8 September
Thursday 12 September - for children receiving First Eucharist on 14/15 September

First Eucharist Dates:
Saturday 7 September 4:00pm Holy Spirit School
Saturday 7 September 6:00pm Parish Class + Holy Spirit School
Sunday 8 September 9:30am Mother Teresa School

Saturday 14 September 4:00pm Good Shepherd School
Saturday 14 September 6:00pm Parish Class + Good Shepherd
Sunday 15 September 9:30am Good Shepherd

Medical Alert

A case of Chicken Pox has been reported to the school this afternoon. If you would like more information please contact your local doctor.
To be together ......

Parish News

Would you like to find out more about becoming a Catholic?
➤ You may have been baptised as a child but not received the sacraments of Eucharist or Confirmation.
➤ You have friends or family who have shown an interest in your faith and would like to know more.
➤ You have been away from the church and would like to become part of a parish community once again.
➤ You are part of the community but feel there are questions you would like answered.
➤ You have friends or family who have shown an interest in your faith and would like to know more.

Our next Parish RCIA Program will be commencing in August. Expressions of interest can be emailed to Fiona Wilkinson at fionawilk@holyspiritgungahlin.org.au

Holy Spirit Parish Trivia Night will be held on Saturday, 17 August. We are asking for donations of fantastic prizes eg wine, hampers, gift vouchers, new goods. If you can assist us, all prize donations will be gratefully appreciated and can be left either at the school or Parish Office. For more details email office@holyspiritgungahlin.org.au

General Information

Parents we are in desperate need for spare undies, socks and stockings in our sick bay. All sizes (4-12) would be very much appreciated.

School Fees: Term 3 school fees will be sent home early next week. Fees are due on Friday, 16 August. Payment may be made by EFTPOS/Cash/Cheque/BPay. If you pay by direct debit please do not pay this account it is for your information only. If you would like to commence paying by direct debit please contact Anne at the front office.

Leaving Families: To help us with staffing and class structure for 2014, we would appreciate knowing which children (apart from Year 6) will not be returning to Good Shepherd next year. If your child/ren will not be returning, please complete the slip and return to school as soon as possible. Please also indicate where your child/ren will be attending school next year. This information is required for our census details.

Literacy and Numeracy Week: This is happening across Australia next week. Literacy and Numeracy are always at the forefront of what we do at Good Shepherd but next week we will be sharing an across school Literacy and Numeracy activity to highlight and celebrate the week. This will take place on Friday and will focus on some of the great books in the Dr Seuss series.

Departing Families 2013

My child/ren __________________________________________________________ will not be returning to Good Shepherd School in 2014.

The school my child/ren will be attending in 2014 is ________________________________

Signed _______________________________ Date ____________________________

(Parent/Guardian)
CHURCH CARPARK
Please assist us by driving the correct way in the Church carpark. If you are parking on the courts, as you leave please turn left and follow the line of traffic around the carpark and out the exit. Some inconsiderate drivers are cutting across the front of the carpark or through parking bays to make a quick exit, however this is dangerous and is causing further traffic jams. Witches hats have been placed near the entrance to assist in easing the congestion in the carpark.
To be together ......

Sports News

If your child is attending the North Gungahlin Athletics Carnival on Tuesday, 6th August all permission notes and money must be returned no later than tomorrow, Friday 26th July. If there are any parents who are willing to officiate on the day please contact Angela.kelly@catholic.edu.au or the front office. In order to send our team to compete we require one team official, as well as Miss Kelly and Mrs Hambleton who will be the supervising teachers.

This is what the Good Shepherd netball coaches had to say about their teams' performances last week.

Yr 5/6 SNOW: Snow started the new term with a fantastic win even though it was absolutely freezing and the girls couldn’t feel their fingers. Keep it up girls not many more games to go!

Yr 4 CYCLONES: In freezing conditions the Cyclones took to the court with 5 players – and were lucky enough to borrow a player to help them out. The girls played a great game despite being one player down, with some great attack and defence and good shooting. It was a close game until the rain came down and the game was stopped early into the third quarter. Fingers are crossed for some sun this weekend.

Yr 2 LIGHTNING: The Lightning girls had a great game this weekend despite their hands being frozen! Some great defence from the girls - they are improving each week!

Yr 1 HURRICANES: It was a cold and raining morning on Saturday and for the first time we had a few of our Hurricanes missing due to holidays and illness. The six girls that took the court though stepped up and gave it their all. There was some great passing and the girls were spreading out more looking for space. We got a great team goal in the 3rd quarter which was very exciting. Despite the bad weather a good time was had by all. Well done Hurricanes!

Yr 3 TSUNAMIS: The Tsunamis had a tough game this weekend in the rain/wind/snow. They were defeated by a very strong team 8-2. We had a few injuries on the court but they kept playing hard and didn't want to come off the court despite being injured! Keep up the good work.

Library News:

During the 1930’s Canberra’s growth almost ground to a complete halt, with even the government agency supervising its development being abolished for a while. Some major construction projects planned for the capital, including the Anglican and Roman Catholic Cathedrals, were not undertaken due to the money for their planned construction being diverted for relief measures during the Depression. The pine plantations which surrounded parts of Canberra were established as a Depression project for workers left in the capitol. Despite these setbacks, the Canberra community continued to develop in sophistication, if not in size, with the establishment of community facilities such as a radio station (2CA) in 1931. The station was initially run out of a shop in Kinston. The Canberra Repertory Society began in 1932, giving an outlet for all those Canberrans interested in amateur dramatics. The planning and construction of the Australian War Memorial, under the supervision of the war historian Charles Bean, also began in Canberra at this time.


What's on in town?

Gathered Together - 15/06/2013 to 15/09/2013. Gathered together presents CMAG’s important and growing collection of Indigenous art, including works by artists resident in the Canberra region and also work by artists from across Australia. Join Canberra Museum and Gallery as they celebrate the region’s social history and visual arts. Weekends: 12 - 5pm. Free entry
21st July 1913. Sydney!

Dear diary,

We are here! It seemed to be so far away and now the visit is going so quickly! The train trip was everything I had imagined it would be. It took some time to get used to the motion of the train as it click clacked along the tracks. Aunt Agnes called it, "getting your sea legs". She said it was just like the ship out to Australia, once you balanced yourself, you were fine.

I liked looking out the windows when the gas lights were turned out. The moon was full and the shadows and highlights created by the trees and bushes, just out of reach of the train, made me want to draw them. The outlines reminded me of burnt trees, but on the side where the moonlight hit them they looked to be covered in silver. I'm sure this is what the trees in the Twelve Dancing Princesses looked like.

Oh! Amelia was right about the facilities on the train. I'm just glad I couldn't see clearly down the hole as it was night. I went there a few times, mostly to take Henry who seemed to be fascinated by it and because he said the motion of the train was making him sick. I am not at all sure that I believed him most of the time.

We all eventually went to sleep, leaning on each other for support. When the sun started to rise and shine through the windows we were almost ready to stop in Sydney. I looked out the windows at the never ending buildings. Surely there couldn't be so many people who lived here.

The station was crowded. Porters, railway staff and passengers scurried about collecting baggage and organising transport. We stood together looking out for Uncle George and trying to keep Henry from getting lost. Uncle George found us and he and Joe sorted out the baggage.

Their house is really big and they have people working for them; maids, gardeners, cook and some others (I'm not sure what they did). Aunt Margaret doesn't do any of the work at home. She seems to fill her days with shopping, visiting and her charity work. She and Uncle George also go out to dinners a lot. Uncle George runs a bank and is a very important person in Sydney.

We went shopping and wandered around the city. I spent most of the time looking up at all of the tall buildings. We went into the General Post Office (GPO) to send Pa a letter and I was amazed! It was over 100 yards long, 4 storeys high (although the ground floor is at least 2 storeys high inside!) and it has a huge statue of Queen Victoria at the centre. Above this there is an impressive clock tower which chimes out the hour and quarter hours - all day, every day. The inside is covered with lovely tiles on the floors, in very complicated patterns. I was trying to work out the pattern and bumped into a lady who was getting her mail from one of the boxes. I was embarrassed when she asked me if it was my first visit to the GPO. I know I was looking a little stunned at the surroundings, but who wouldn't. It was the most beautiful building I had ever been in. Shiny floors and lovely pictures on the wall sat opposite the long polished wooden desk. There were men and women working at the windows, all doing many different things.

I found the stamp display case. There were examples of old stamps that had been used in the past, as well as the brand new Australian stamps issued this year. The entire set of the red kangaroo and map set were on display. Even the two pound stamp! There was also an explanation about how the design was chosen from the Stamp Design Competition. It would seem that not only Capital cities are chosen from competitions. The information sheet also said that the Cook government had ordered a set of stamps with the profile of King George on them. They are expected to be available by the end of the year.

Every thing is so different and exciting. Every day we see new things. I hope I can remember it all!

Mary.
Next Friday Good Shepherd will be celebrating Literacy and Numeracy week with a focus on the wonderful world of Dr Seuss!!!

Each class will be involved in some fun Literacy and Numeracy Activities happening across the school.

To help add to the fun, we are asking all children to wear a special hat on Friday (August 2nd)

It can be a hat that they make or a hat that’s at home.
It can be from a story. It can be from a poem!

The trick is to say how it might possibly relate to Dr Seuss.

To help you to choose here are some titles to view...
The Cat in the Hat, or Fox in Sox, The Lorax, The Grinch, Yurtle the Turtle, Daisey Head Maisey, to name just few!

Or

Check out ...The 500 hats of Bartholomew Cubbins!!!

We are looking forward to see what creations we see! It will be fun for you and it will be fun for me!